

# CEDAR POINT YACHT CLUB

Westport, CT

## SAILING INSTRUCTIONS

(revised May 2010)

### 1 Rules

- 1.1 All races will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 These sailing instructions do not govern racing in Vanguard 15s or Lasers. Separate sailing instructions for these classes are available at the clubhouse and the class page on the Club's website.
- 1.3 Additional instructions regarding the CPYC Wednesday Night Series and other PHRF events that modify or replace these sailing instructions are available at the Cruising Class page of the Club's website.

### 2 Entries

Boats sailed by CPYC members or guests, and boats entered in the Summer PHRF Series, are eligible to race subject to club and fleet rules.

### 3 Notices to Competitors

Notices to competitors will be posted on the official notice board on the south wall of the CPYC clubhouse.

### 4 Changes to Sailing Instructions

Any change to these sailing instructions will be posted before 1100 on the day it will take effect. No change will be made which moves up the time of the first warning signal on any race day.

### 5 Signals Made Ashore

- 5.1 Signals made ashore will be displayed either on the CPYC flagpole or on a race committee boat in the basin.
- 5.2 When flag AP is displayed ashore, in the Race Signal AP, '1 minute' is replaced by 'not less than 60 minutes' When one or more class flags are displayed with AP, only starts for those classes so designated will be postponed.
- 5.3 Flag L will be displayed before 1100 when changes to these sailing instructions have been posted.

### 6 Schedule of Races and Starting Times

- 6.1 The schedule of races and the time of the first warning signal for each class is published in the CPYC Yearbook and in the CPYC Summer PHRF Series Notice of Race for that series.
- 6.2 For all classes racing, additional races may be held on any day at the sole discretion of the race committee.
- 6.3 The race committee will display code flag H  (white with red square) at the finish of a race when racing has been completed for the day. If a class flag is displayed under code flag H, racing is completed only for that class. If code flag H is not displayed, classes should return to / remain in the vicinity of the starting line and stay clear of boats that are still racing. The next race for each class will begin as soon as practicable after the previous race, even though other classes may still be racing.

### 7 Class Flags



PHRF boats shall display the appropriate numeral pennant for their division from their backstay.

### 8 Racing Area

The racing area will be in the vicinity of the marks shown in Attachment A to the Sailing Instructions.

## 9 Courses

9.1 Courses will be displayed on a race committee signal boat using letters, posted vertically, to designate the marks. The course for each class will be posted before its warning signal. Boats shall pass each mark in descending order leaving them on the same side as the starting mark and then finish at the last posted mark. The approximate magnetic bearing and distance to the windward mark will be posted when a movable mark is used.

9.2 When the following placards are displayed beneath a list of marks they mean:

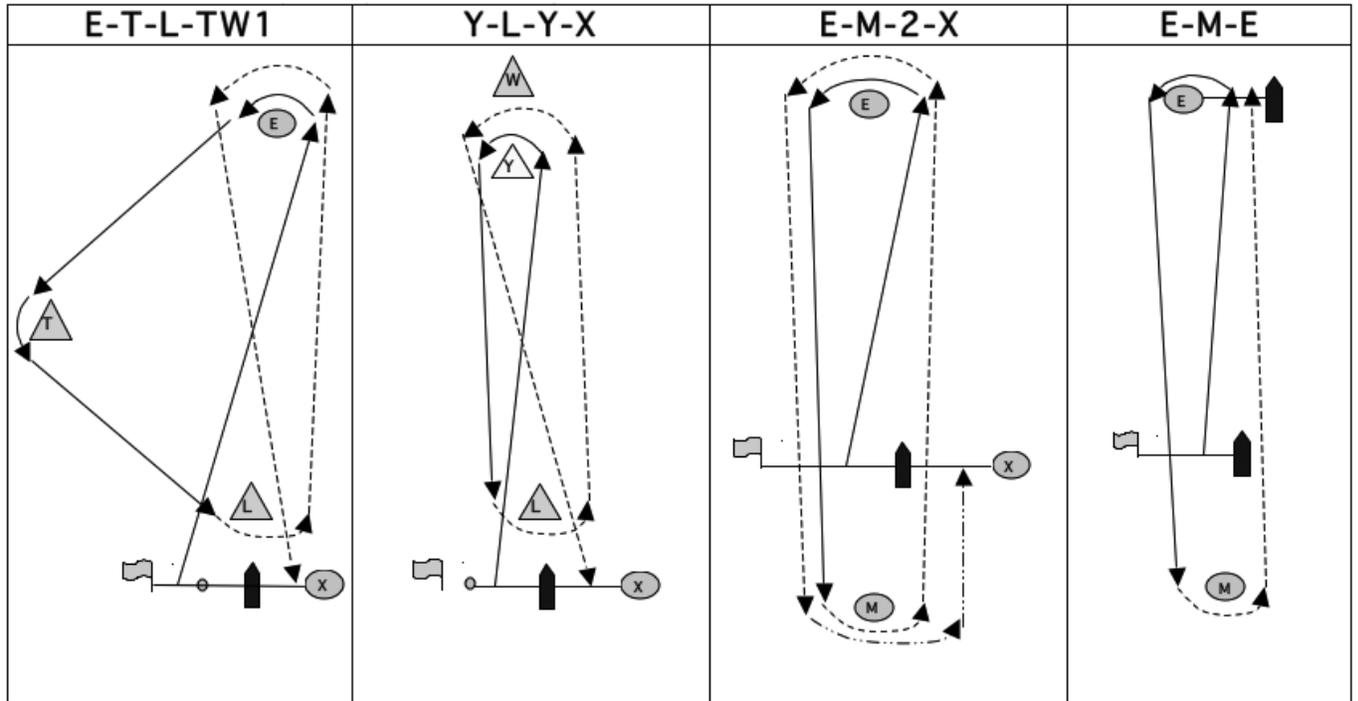
"2" = Two times around displayed marks.

"TW1" = Triangle, then windward/leeward, finish @ X.

"3" = Three times around displayed marks.

"TW2" = Triangle, then windward/leeward twice., finish @ X.

9.3 Course Examples: (posted vertically)



9.4 Course Board Examples (for above courses):

Example 1			Example 2			Example 3		Example 4		STARTING SEQUENCE
E	2	1	Y	1	1	E	E	A		
T	5	5	L	6	0	M	M	★		
L	0	A	Y	0	🚩	2	E	🚩		
TW1		🚩	X		🚩	X		FS		

## 10 Marks

10.1 Marks will be fixed and movable marks as described in Attachment A to the Sailing Instructions.

10.2 Lighted green buoy "G1" (George's Rock) and race marks "G", "E" and "K" are near hazardous areas. They shall be passed on the channel side unless designated as marks. A line formed between Marks E, G and lighted green buoy "G1" (George's Rock) creates a course boundary. Boats shall not sail south of the boundary line displayed on Attachment A hereto unless G and/or E are designated as marks and then only for the purpose of rounding or sailing directly between G and E if both are marks.

10.3 If W and Y marks are used as windward marks for different fleets, W mark will be further upwind than Y mark.

## 11 Check-In

Prior to starting the first race of the day in which it intends to compete, each boat shall sail by the stern of the race committee signal boat, hail its sail number (and division for PHRF boats), and check in as a starter.

## 12 Starting Sequence

Classes will start in the order, top to bottom, that their insignias are displayed on the "Starting Sequence" board on the race committee signal boat.

## 13 The Start

- 13.1 The starting line, unless otherwise signaled in accordance with 13.2, shall be between an orange flag on the race committee signal boat and the starting mark, which shall have a CPYC burgee on a staff.
- 13.2 If the race committee chooses to use a mid-line starting buoy, the starting line shall consist of a race committee boat, a mid-line orange buoy or a CPYC burgee on a staff. The mid-line orange buoy may not be on a straight line between the starboard end signal boat and the port end CPYC burgee on a staff.
  - 13.2.1 When a placard displaying code flag A (white with blue swallowtail) is displayed on the course board prior to a warning signal for a class, the starting line for that class shall be between a staff displaying an orange flag on the starboard end signal boat and the CPYC burgee on a staff which shall be the starting mark. During the start for this class, the mid-line orange buoy shall be disregarded.
  - 13.2.2 When a placard displaying code flag B (red swallowtail) is displayed on the course board prior to a warning signal for a class, the starting line for that class shall be between a staff displaying an orange flag on the starboard end signal boat and the mid-line orange buoy which shall be the starting mark. During the start for this class, the CPYC burgee on a staff shall be disregarded.
- 13.3 Races will be started using rule 26, unless code flag T is displayed
- 13.4 If Code Flag T is displayed before the warning signal for any class, races shall be started using the three minute Sound Signal Starting System of Appendix S.
- 13.5 The warning signal for each succeeding class will be made after the starting signal for the preceding class (no rolling starts).
- 13.6 A series of short sound signals or hails may be made before each sequence begins in order to attract attention.
- 13.7 Boats may not start more than four minutes after their start.

## 14 Recalls

- 14.1 Individual recalls will be signaled in accordance with rule 29.2 by displaying flag X (blue cross on white) with one sound signal. The race committee will attempt to hail boats that are OCS.
- 14.2 If flag I is displayed as the preparatory signal, the "round the ends" rule 30.1 will be in effect for the start. The race committee will attempt to hail boats that are OCS during the minute before the starting signal.
- 14.3 The timing and order of such hails or the failure of a boat to hear the hail will not be considered an improper action or omission of the race committee under rule 62.1.

## 15 Change of Course

- 15.1 If using fixed marks, a change of course will be signaled, before the leading boat has begun the new leg, by a race committee boat near the mark beginning the leg being changed, which will display flag C (blue, white and red horizontal stripes), make repeated sound signals, and display the subsequent marks to be passed, including the finishing mark. This changes rule 33.
- 15.2 If the position of a movable mark is moved, the race committee will signal the change in accordance with rule 33.
- 15.3 If the position of a movable mark is moved, the "change" mark will be identified with a black band and the original mark will be removed as soon as practicable. If a new mark is subsequently changed, it will be replaced with a mark without a black band.
- 15.4 If the originally signaled course for a class uses a new (windward) change mark before a warning signal is made, the race committee signal boat will display code flag C before the warning signal, and throughout the starting sequence for that class.

- 15.5 When changing the course, one or more class flags displayed with flag C means the course is changed only for the class(es) so designated. If no class flags are displayed, the change applies to all classes for whom the nearby mark is a mark of the course.
- 15.6 When shortening the course, one or more class flags displayed with flag S means the course is shortened only for the class(es) so designated. If no class flags are displayed, flag S applies to all classes for whom the nearby mark is a mark of the course.

## 16 The Finish

- 16.1 The finishing mark will be the last posted mark of the course unless the course has been shortened or TW1 / TW2 has been signaled. The finishing line will be between the finishing mark and an orange flag on a race committee boat.
- 16.2 If the finish is at mark X, the finishing mark will be placed on the opposite side of the race committee boat from the starting mark.

## 17 Time Limit

- 17.1 The time limit for all races is two hours except for PHRF Division III which is three hours. The time limits do not apply for Wednesday night races.
- 17.2 If at least one boat in a class sails the course and finishes within the time limit, then boats still racing 30 minutes after the first boat in their class has finished will be recorded as TLE (time limit expired). TLE results are scored by being assigned points equal to two more than the last finisher but not worse than DNF, unless the class chooses to score such results in a different way. This changes rules 35, 63.1 A4, and A5.

## 18 Scoring

- 18.1 Each class and the Summer PHRF Series will score races according to their published scoring policies, which describe the method of scoring of individual races, series and the season; the number of races required to be completed to constitute a series; qualification criteria; methods for breaking ties; the scoring of guests; and such other matters as they publish.
- 18.2 Finishes will not be recorded for a class with fewer than three starters.

## 19 Protests and Requests for Redress

- 19.1 A boat intending to protest shall follow the requirements of rule 61, and must notify the race committee upon finishing, this changes rule 61.1(a). Written protests shall be delivered to the Principal Race Officer not later than one hour after the race committee signal boat docks. The time of docking will be posted on the official notice board. Protest forms are available at the clubhouse.
- 19.2 Notices will be posted on the official notice board within 15 minutes after the end of the protest time limit to inform competitors of hearings in which they are parties. Protest hearings will be held in the Governors' Room as soon as practical.
- 19.3 Breaches of instructions 7, 11, 20.1 or 20.2 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for any breach of these rules may be less than disqualification if the protest committee so decides.

## 20 Safety

- 20.1 It is the sole responsibility of each boat to decide whether or not to start or to continue to race. The race committee attempts to account for all boats in the starting area. A boat must notify the race committee or CPYC management if it withdraws from a race or departs early from the racing area. The race committee monitors channel 78.
- 20.2 All boats shall carry safety gear prescribed by their respective classes, fleets and government regulations. For one-designs this shall include as a minimum: suitable anchor and line, a pump or bailing bucket, paddle, sound device, one USCG-approved Type I, II, or III PFD for each person aboard and one Type IV throwable device.
- 20.3 When the race committee flies the life jacket code flag Y▨(yellow and orange diagonal), all competitors shall wear a US Coast Guard approved life jacket. Failure to comply with this rule will result in a protest by the race committee, with the expected penalty of disqualification from the race.