

2010 CPYC Junior Sailing Staff

Junior Program Director:

Geoff McCuskey has extensive big boat and one design round the buoys and offshore racing experience in Swan 42s, Farr 395s, J44s, Atlantics and Shields, including NYYC Race Week, Larchmont NOOD, Block Island Race Week, Newport-Bermuda Race and Bermuda 1-2 Race. He has done a lot of cruising and many yacht deliveries along the East Coast and to the Caribbean. In 2009, Geoff was the Junior Sailing Director at Madison Beach Club in Madison, CT. He taught sailing for over 10 years on Long Island Sound. A middle school math teacher in Wilton for 5 years, Geoff previously worked in corporate finance and investment banking and has an MBA from Penn State. After graduation from college, Geoff served in the U.S. Marine Corps for 4 years, stationed in Hawaii. He and his wife live in Westport with their 2 children, ages 8 and 10.

Coaches:

Becca Dellenbaugh, returns for her second year at CPYC and will be our 2010 Co-Head Instructor. She has coached at American Yacht Club and at many junior sailing clinics and events. She graduates in spring 2010 from Dartmouth College, where she was a member of the women's sailing team. Becca began sailing over ten years ago at Pequot YC and graduated from Joel Barlow High School in Easton. She has had an amazing racing career in Optimists and 420s, with top placings at major events such as the 2004 Club420 North Americans in Brant Beach, NJ and the Orange Bowl Regatta in Miami, FL. In 2006, Becca won the U.S. Youth Championship in C420s held in Grosse Point, MI. Becca also has a distinguished record in the International 420 class, having competed in Zadar, Croatia at the 2004 European Championship and in Brest, France and Las Palmas, Canary Islands at the I420 Worlds in 2005 and 2006, respectively.

Emily Dellenbaugh also returns for her second year at CPYC and will be a 2010 Co-Head Instructor with her sister. Emily coached at American YC and spent three years as a LISOT Opti coach. Emily is finishing her sophomore year at Brown University, where she has been a member of the sailing team. Emily began sailing at Pequot YC and has raced Optis, 420s and 29ers extremely successfully. She graduated from Joel Barlow, where she was captain of the sailing team. Her sailing credentials include first place in both the 2005 IODA Optimist European Championship and the 2005 U.S. Youth Championship (in C420s) held at CPYC. Emily repeated her U.S. Youth title win in 2007 in the 29er class in New Orleans, LA. She has extensive international racing experience with a top 10 finish at the 2006 ISAF Youth Worlds in 420s in Weymouth, England. She also won both the 2007 ISAF Youth worlds (in 29er class) held in Kingston, Ontario and the 2007 29er European Championship held in Gottskar, Sweden. Emily has been the recipient of several sportsmanship trophies and was nominated for the Rolex U.S. Yachswoman of the Year in 2007.

Tim Clark will return for his second year at CPYC. He graduated from Joel Barlow and is finishing his freshman year at Connecticut College, where he has been a member of the sailing team. Tim raced in Pequot's junior program for 8 years and had a very successful career in Blue Jays, Lasers and 420s, with top finishes in both the Laser and 420 classes in several major JSA regattas. Tim was part of Pequot's

Sears Cup team in 2007 which finished second in the triple-handed national championship. He is an accomplished big boat racer, with quite a bit of distance racing under his belt, including a Newport-Bermuda Race. He will again lead our junior big boats.

Tom Gabbott hails from Glasgow Scotland and will be a first year coach at CPYC after graduating this spring from University of Strathclyde in Glasgow with an Honors degree in Psychology. Tom was the Keelboat Captain for the Strathclyde sailing team. He has a lifetime of sailing and racing in Scotland and Northern Ireland in Toppers, Wayfarers and Lasers. He has raced extensively in Scotland on Hunter 707s, Fireflies, Sonars, J80s and A32s. Tom has competed in fleet and team racing at the collegiate level all over the UK and was a member of his university's big boat team which won the British University Sailing Association finals in Southampton, England in 2007 and 2009, winning them the right to attend the Student Yachting World Cup held in France where they represented their country as Team Scotland. He has coached youth and college sailors at both learn to sail and racing levels and spent 2009 as a sailing and water sports coach at a camp on Chesapeake Bay in Maryland. Tom actively races a Davidson 36 in various UK events, including Tenet's West Highland Week, Lawrie Scottish Series and Strangford Race Week in Ireland. In addition to sailing, Tom loves rugby, music and wakeboarding.

Laurel Hofrichter is in her fourth year as a CPYC coach and is finishing her junior year at Roanoke College. Laurel raced for many years in the Pequot YC junior program, including several years as crew for Brendan Kopp, with a 6th place finish in the 2006 U.S. Junior Double-handed Championship for the Bemis Trophy. She also has had top finishes at Law Trophy and Larchmont Race Week in 420s. Captain of the Fairfield High School Sailing Team, Laurel also had a successful high school sailing career. She was a member of both the Fairfield HS field hockey and ice hockey teams .

Sarah Hylton, new to CPYC in 2010, joins us as a third year coach, with two years prior years of coaching at Rocky Point Club where she coached Optis, Pixels and 420s in 2008 and 2009. She also has coached adults and children in Ideal 18s for the Special Olympics of CT. Sarah is finishing her freshman year at Dartmouth College. She graduated from Greenwich Academy, where she was co-captain of the sailing team. She spent 9 years in the Norwalk YC Junior Program, where she had a successful career in Optis and 420s and served as a Junior Instructor helping coach beginner Optis. Prior to her time at Norwalk, she sailed Sunfish at Dunewood YC on Fire Island. Sarah has spent time in France studying the language and spent a year with her family living in London.

Brendan Kopp returns for his third year at CPYC after finishing his sophomore year at Harvard University, where he is a member of the sailing team. Brendan and his crew, Mike Costello, are engaged in a 470 class campaign for the 2012 Olympics and will attend a few major European pre-Olympic events in this summer. He will coach for 6 weeks before these 470 commitments. He graduated from Fairfield HS, where he was a member of the sailing team. Brendan spent 9 years at Pequot YC, during which time he won many prestigious JSA events, including Larchmont Race Week in Lasers and the Law Trophy in 420s, with other top finishes in both classes. He has had national and international experience in both fleet and team racing. In 2007, he skippered a 420 to win the Bemis Trophy, where he was also the recipient of the Bemis Sportsmanship Award. In 2008, he finished third (losing a tie-breaker for second)

at the U.S. Sailing Youth Championship held in 420s hosted by San Francisco YC. Before beginning work for us in 2009, Brendan campaigned his 470 in Europe with Mike for a few weeks.

Nick Tierney will be a first year coach this year after graduating from the Hotchkiss School, where he was captain of the team in his senior year. He was a member of the Hotchkiss team for three years and spent one year on the Greens Farms Academy sailing team at CPYC. Nick grew up in the Pequot YC junior program, where he had a successful career racing Optis, Blue Jays and Lasers. He has raced Lasers with the CPYC frostbite fleet. A Pequot 2007 junior instructor, he was a junior instructor at Edgartown YC on Martha's Vineyard in 2009, where he helped coach Optis and 420s and performed boat maintenance on their club fleet. Nick was a key member of the Pequot YC junior big boat team for several years and has Long Island Sound big boat racing experience on a Melges 32, Swan 44, Flying Tiger and J92.

McKenzie Wilson will be a first year coach after graduating from St. Luke's School. McKenzie spent a few years in Optis at Roton Point and then had 7 years in the Norwalk YC Junior Program, where she had a very successful career racing in both the Laser radial and standard divisions. She has had top finishes at several major JSA events in the Laser, including at Larchmont Race Week, Law Trophy, CPYC Race Week, JSA Girls' Championships and JSA Championships in both the radial and standard divisions. She was frequently the only girl competing in the standard class, including at Larchmont and at JSA Champs. McKenzie has had experience outside JSA, racing in Buzzards Bay, Newport and Miami. She has raced for three years with the CPYC Laser frostbite fleet. McKenzie served as tactician and main trimmer for the Norwalk junior big boat team and has raced extensively on J92s, J105s and J109s.